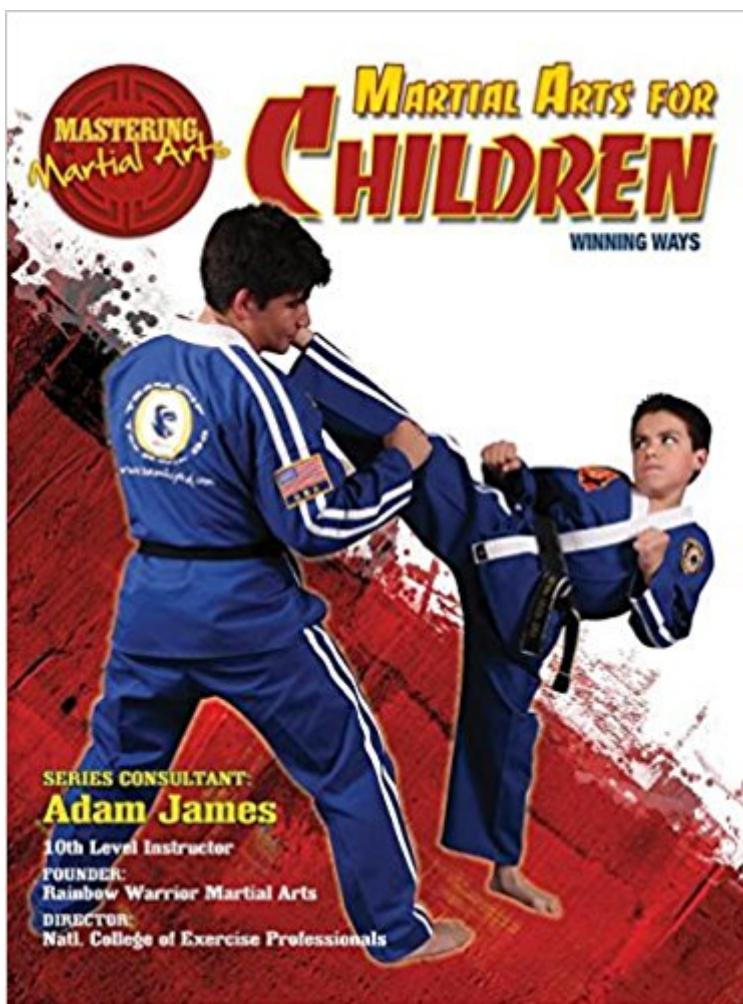


The book was found

Martial Arts For Children: Winning Ways (Mastering Martial Arts)



Synopsis

Keeping kids active and fit is a big part of any parents job. And martial arts is a great way to accomplish that goal. Martial arts of all kinds can teach young athletes not only the importance of fitness, flexibility, and strength, but show them a way to harness energy, control anger, and grow in confidence. This book shows some of the different styles children can start to master, gives tips on how to teach young martial artists the right way to approach their studies, and shows how martial arts can be used to help face bullies and other dangers with confidence. Sports are a great way for kids to learn the skills that will help them succeedmartial arts might be the perfect sport the kids in your life.

Book Information

Series: Mastering Martial Arts (Book 10)

Hardcover: 96 pages

Publisher: Mason Crest Publishers (January 1, 2015)

Language: English

ISBN-10: 1422232425

ISBN-13: 978-1422232422

Product Dimensions: 9.6 x 7.6 x 0.5 inches

Shipping Weight: 15.5 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 1 customer review

Best Sellers Rank: #8,230,707 in Books (See Top 100 in Books) #47 in Books > Teens > Sports & Outdoors > Martial Arts #891 in Books > Children's Books > Sports & Outdoors > Martial Arts #66512 in Books > Children's Books > Activities, Crafts & Games

Age Range: 12 - 17 years

Grade Level: 7 - 12

Customer Reviews

Great cover. Nothing inside is worth reading, though.

[Download to continue reading...](#)

Martial Arts for Children: Winning Ways (Mastering Martial Arts) Martial Arts for Women: Winning Ways (Mastering Martial Arts) Taekwondo: Winning Ways (Mastering Martial Arts) Ninjutsu: Winning Ways (Mastering Martial Arts) Kickboxing and Mma: Winning Ways (Mastering Martial Arts) Martial Arts for Children: Essential Tips, Drills, and Combat Techniques (Martial and Fighting Arts)

Mastering Jujitsu (Mastering Martial Arts Series) MMA Training: The Ultimate Beginners Guide To Mixed Martial Arts (Including Drills & Tactics) (MMA, Martial Arts, Self Defense, BJJ) Parting the Clouds - The Science of the Martial Arts: A Fighterâ™s Guide to the Physics of Punching and Kicking for Karate, Taekwondo, Kung Fu and the Mixed Martial Arts Martial Arts for People with Disabilities (Martial and Fighting Arts) Martial Arts for Athletic Conditioning (Martial and Fighting Arts) Martial Arts for the Mind: Essential Tips, Drills, and Combat Techniques (Martial and Fighting Arts) Martial Arts for Women: Essential Tips, Drills, and Combat Techniques (Martial and Fighting Arts) Martial & Fighting Arts (Martial and Fighting Arts Series) Fight Like a Physicist: The Incredible Science Behind Martial Arts (Martial Science) Blackjack Strategy: Winning at Blackjack:Tips and Strategies for Winning and Dominating at the Casino (Blackjack, Counting Cards, Blackjack Winning, Good at Blackjack, Black Jack, Card Counting) Winning Lacrosse for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Winning Softball for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Winning Basketball for Girls (Winning Sports for Girls) (Winning Sports for Girls (Paperback)) Sumo for Mixed Martial Arts: Winning Clinches, Takedowns, & Tactics

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)